

From One to One Hundred: Nutrition Throughout the Lifespan

7:15 am to 8:15 am	REGISTRATION, EXHIBITS, CONTINENTAL BREAKFAST	
	Presentation/Topic	Learning Objectives
8:15 am to 9:05 am	Grow, Prepare, Share: 'Aina Based Health Programs <i>Sharon Odom, MPH, RD</i> <i>Kokua Kalihi Valley, Honolulu, HI</i>	<ul style="list-style-type: none"> • Reinforce positive connections to food. Many of our programs cause disconnection from food. • Provide examples for 'Aina-based health programs from pregnancy to diabetes...from preschoolers to elderly. How we use our motto, "grow, prepare, share" across the lifespan to promote health. • Discuss the social determinants of health and understand why it is important that we address them in the work that we do. • Use food to bridge cultures...bringing people together to share wisdom, stories and recipes.
9:05 am to 9:55 am	Everyone Is An Athlete <i>Justin Robinson, MA, RD, CSSD, FAFS, CSCS</i> <i>Rehab United Sports Performance Center,</i> <i>San Diego, CA</i>	<ul style="list-style-type: none"> • Identify current sport nutrition-related myths and misconceptions. • Identify current research trends in sport nutrition. • Identify nutrition assessment methods for athletes competing in various sports and activities. • Identify oxidation and inflammation process in physical activity. • Identify efficacy of supplementation for sports and athletics. • Identify foods and supplements aimed to decrease oxidation and inflammation.
9:55 am to 10:10 am	BREAK	
10:10 am to 11:00 am	Eating Disorders: Medical Complications and Nutritional Remedies <i>Therese Schumaker, MS, RD, LD</i> <i>Mayo Clinic, Rochester, MN</i>	<ul style="list-style-type: none"> • Develop an awareness and understanding of medical complications associated with anorexia, bulimia and diabulimia. • Become familiarized with standard assessments of potential medical complications. • Increase knowledge of inpatient and outpatient eating disorder treatment interventions in a multidisciplinary framework.
11:00 am to 11:50 am	Natural Medicines, Food-Drug Interactions and Other Interesting Stuff <i>Forrest Batz, PharmD</i> <i>University of Hawai'i at Hilo, College of Pharmacy, Hilo, HI</i>	<ul style="list-style-type: none"> • Describe the strengths and limitations of the Dietary Supplement Health and Education act of 1994 regarding product quality, claims, efficacy and safety. • List examples of significant herb-supplement-drug interactions. • Describe adulterants and contaminants found in dietary supplements marketed in the US and strategies for consumers to avoid adulterated and contaminated products. • Discuss food-drug interactions involving medications commonly used by middle aged and older patients. • List over-the-counter and prescription medications to avoid in older patients due to their anticholinergic activity.



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Spring Conference Agenda

May 3, 2012

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11:50 am to 12:35 pm	LUNCH/EXHIBITS	
12:35 pm to 1:00 pm	HDA Business, Recognition & Installation of Officers <i>Amy Tousman, RD, CDE</i> <i>President, Hawai'i Dietetic Association</i>	
1:00 pm to 1:30 pm	Keynote Address <i>Maya Soetoro-Ng, PhD</i> <i>University of Hawai'i at Manoa, Institute for Teacher Education</i>	
1:30 pm to 2:20 pm	Addressing Childhood Obesity in Hawai'i: Turning Education Into Action <i>May Okihiro, MD, MA</i> <i>John A. Burns School of Medicine and Waianae Coast Comprehensive Health Center</i>	<ul style="list-style-type: none"> Describe the disparities in childhood obesity prevalence in Hawai'i. Describe the rationale behind the Hawai'i 5210 Initiative. List some of the activities taking place at the clinical and community levels to promote healthy eating and active living among Hawaii's families.
2:20 pm to 2:50 pm	Sweet Annie, A Healthy Lifestyle Program for Children and Families <i>Ruby Hayasaka, MA, MS, RD</i> <i>Castle Medical Center, Kailua, HI</i>	<ul style="list-style-type: none"> Acquire an overview of Sweet Annie: Its mission, vision, and objectives. Obtain a better understanding of the current state regarding Native Hawaiian health. Receive an update on current efforts against childhood obesity that exist in Waimanalo. Obtain information on active stakeholders working against childhood obesity. Gain access to online database/webpage containing information regarding non-profit, for-profit, and government agencies working against childhood obesity in Waimanalo.
2:50 pm to 3:40 pm	Nutrition Update 2012: Short Bowel Syndrome, Inflammatory Bowel Disease and Food Allergies <i>Michael A. Haight, MD, MHA</i> <i>Children's Hospital Central California, Madera, CA</i>	<ul style="list-style-type: none"> Participants will be presented with current nutritional approaches for patients with Short Bowel Syndrome, Inflammatory Bowel Disease and Food Allergies. Participants will have an understanding of the current American Academy of Pediatrics clinical report on allergy testing and its implications on nutritional management. Participants will review the current nutritional approach to adult and pediatric patients with inflammatory bowel disease.
3:45 pm to 4:45 pm	EXHIBITS/NETWORKING/BEACH WALK For those leaving, collect certificates	
3:45 pm to 4:45 pm	Public Policy Break-Out Session <i>Sally Belles, RD, CDE</i> <i>Straub Clinic & Hospital</i>	<ul style="list-style-type: none"> State the rationale for nutrition services provided under the Older Americans Act (OAA) Reauthorization. Discuss the Medical Foods Equity Act and the mandating national insurance coverage for medically necessary formula and foods specifically-modified to meet specific dietary needs of infants and children with IEM.

CPEUs are expected and pending review.

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		<ul style="list-style-type: none"> • Review state legislation and potential opportunities for dietitians in the area of childhood and adolescent overweight and obesity. • State the impact of the Farm Bill on familiar services such as the Supplemental Nutrition Assistance Program (SNAP). • Define the status of dietitian licensure in Hawaii and in the Nation. • Define the licensure process and the current environment (locally and nationally). • Define the competition and opposition: opportunity for collaboration. • State the importance of effective communication and messaging as it relates to dietitian licensure.
4:45 pm to 6:00 pm	Collect certificates HAPPY HOUR	