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Janet is the Senior Public Affairs Specialist with the San Francisco District of the U.S. Food and Drug Administration, a position that she has held since 1986. She holds a BS degree in Institution Management and Dietetics from Simmons College in Boston, completed a Dietetic Internship at the University of California San Francisco Medical Center, and has a PhD degree in Nutritional Sciences from the University of California at Berkeley. She was a Registered Dietitian from 1969 to 2003 and now has Retired RD status.

In her capacity as a Public Affairs Specialist, she serves as the first line of communication between FDA and the general public, including the media. Her principle responsibility is public education in all matters pertaining to FDA.

Except for a one-year stint with USDA's Western Human Nutrition Research Center, Janet has spent her entire career in the U.S. Department of Health and Human Services, including three years at FDA's Center for Food Safety and Applied Nutrition.

Janet is a member of the Academy of Nutrition and Dietetics, American Society for Nutrition, Institute of Food Technologists, and the Western Association of Food and Drug Officials.