

# **12<sup>th</sup> Annual Professional Education Symposium**

## **Type 2 Diabetes: Easier to Prevent or Control?**

Saturday, October 4, 2014

11:15AM – 5:00 PM\*

The Queen's Conference Center at  
The Queen's Medical Center  
Honolulu, Hawaii



**THE QUEEN'S  
MEDICAL CENTER**

\*A healthy lunch will be served from 11:15 AM – 12:15 PM. Program begins at 12:15 PM.  
Up to 4.0 Hours Continuing Medical Education Credits



## Target Audience

This symposium is designed for primary care physicians, pharmacists, dietitians, nurses, certified diabetes educators, and other healthcare professionals with an interest in diabetes.

## Learning Objectives

By attending this course, the participant should be able to:

- Recognize prediabetes and discuss strategies and treatment to prevent or slow the progression of type 2 diabetes
- Discuss newer pharmacological agents available for the treatment of hyperglycemia
- Identify strategies to promote behavioral change
- Provide nutritional recommendations for the management of prediabetes and diabetes
- Indicate changes and revisions in the ADA Standards of Medical Care in Diabetes – 2014

## Accreditation Statements

### Physicians

The American Diabetes Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Diabetes Association designates this live activity for a maximum of 4.0 AMA PRA Category 1 credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### Doctors of Osteopathy

Category 2 credit will be awarded for formal educational programs that are ACCME-accredited or AAFP-approved.

### International Physicians

The American Medical Association has determined that physicians not licensed in the US who participate in this CME activity are eligible for AMA PRA Category 1 credit™.

### Physician Assistants

AAPA accepts certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 4.0 hours of Category I credit for completing this program.

### Nurses

The American Diabetes Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's COA.

## California Board of Registered Nursing

The American Diabetes Association is also a provider approved by the California Board of Registered Nursing, Provider No. CEP-12196. This activity is approved for 4.0 contact hours.

## Dietitians



The American Diabetes Association is a Continuing Professional Education (CPE) Accredited Provider with the Commission on Dietetic Registration (CDR). Registered dietitians (RDs) and dietetic technicians, registered (DTRs) will receive 4.0 continuing professional education units (CPEUs) for completion of this program/material.

## Pharmacists



The American Diabetes Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. ACPE Provider number 0239. The American Diabetes Association designates these sessions as **knowledge-based** per ACPE guidelines. To view the UAN's and learning objectives for each session, please visit <http://professional.diabetes.org/hawaii> and click "Continuing Education for Pharmacists."

Upon completion of the online evaluation, the American Diabetes Association will upload the needed pharmacy-related continuing education information to the CPE Monitor within 60 days. For questions, please contact [professionaleducation@diabetes.org](mailto:professionaleducation@diabetes.org).

## Certified Diabetes Educators

To satisfy the requirement for renewal of certification by continuing education for the National Certification Board for Diabetes Educators (NCBDE), continuing education activities must be diabetes related and approved by a provider on the NCBDE List of Approved Providers ([www.ncbde.org](http://www.ncbde.org)). NCBDE does not approve continuing education. The American Diabetes Association is on the NCBDE List of Approved Providers.

## Successful Completion Statement

Certificates of Completion/Attendance are provided to registered attendees based upon completion of the online evaluation available through October 17, 2014 at <http://professional.diabetes.org/hawaii>. For questions regarding continuing education, email [professionaleducation@diabetes.org](mailto:professionaleducation@diabetes.org).

## Content Validation Statements

- All recommendations involving clinical medicine are based on evidence accepted within the profession of medicine as adequate justification for their indications and contraindications in the care of patients; **AND/OR**
- All scientific research referred to or reported in support or justification of a patient care recommendation conforms to generally accepted standards of experimental design, data collection, and analysis.

## Planning Committee

**Michael Bornemann, MD, Co-Chair**  
Clinical Associate Professor of Medicine  
University of Hawaii  
John A. Burns School of Medicine  
Honolulu, Hawaii

**Wilfred Y. Fujimoto, MD, Past Chair**  
Professor Emeritus of Medicine  
University of Washington  
Advisory Board, ADA  
Kailua Kona, Hawaii

**Viola Genadio, APRN, CDE, BC-ADM**  
Designated Nurse Planner  
Healthways  
Hawaii Community Leadership Board, ADA  
Honolulu, Hawaii

**Joseph Humphry, MD**  
Medical Director and Director of Quality  
Lanai Community Health Center  
Lanai City, Hawaii

**Kourtney Inoue, MS, RD, CDE**  
Clinic Nutrition Specialist  
Kaiser Permanente  
Honolulu, Hawaii

**John Melish, MD, Co-Chair**  
Professor of Medicine  
University of Hawaii  
John A. Burns School of Medicine  
Department of Medicine  
Hawaii Community Leadership Board, ADA  
Honolulu, Hawaii

**Mary Sadler, PharmD, CDE**  
Clinical Pharmacist  
The Queen's Medical Center  
Honolulu, Hawaii

**Alice Taniguchi, RN, MPH, CDE**  
Diabetes Nurse Educator  
Fetal Diagnostic Institute of the Pacific  
Honolulu, Hawaii

## Presenters

**Aukahi Austin, PhD**  
Clinical Psychologist and Executive Director  
I Ola Lahui  
Honolulu, Hawaii

**Robert E. Ratner, MD, FACP, FACE**  
Chief Scientific and Medical Officer  
American Diabetes Association  
Alexandria, Virginia

**Alice Toguchi-Matsuo, RD, MPH, CDE**  
Clinical Dietitian  
Kaiser Permanente  
Honolulu, Hawaii

## **Type 2 Diabetes: Easier to Prevent or Control?**

<b>11:15 AM – 12:15 PM</b>	<b>Lunch and Exhibits</b> 2 <sup>nd</sup> Floor of The Queen’s Conference Center
<b>12:15 PM – 12:20 PM</b>	<b>Welcome</b> Leslie Lam, Executive Director
<b>12:20 PM – 12:30 PM</b>	<b>Introduction to Type 2 Diabetes: Easier to Prevent or Control?”</b> Michael Bornemann, MD, Co-Chair, Professional Education Committee
<b>12:30 PM – 1:30 PM</b>	<b>Natural History of Type 2 Diabetes, Prediabetes, and the Prevention of Type 2 Diabetes; Newer Medications for the Treatment of Hyperglycemia in Type 2 Diabetes</b> Robert E. Ratner, MD, FACP, FACE
<b>1:30 PM – 2:15 PM</b>	<b>Nutritional Recommendations for People with Prediabetes and Type 2 Diabetes</b> Alice Toguchi-Matsuo, RD, MPH, CDE
<b>2:15 PM – 2:45 PM</b>	<b>Break and Exhibits</b> 2 <sup>nd</sup> Floor of The Queen’s Conference Center
<b>2:45 PM – 3:30 PM</b>	<b>Motivational Interviewing and Shared Decision Making: Does it work?</b> Aukahi Austin, PhD
<b>3:30 PM – 4:30 PM</b>	<b>Updates and Changes to the ADA Standards of Medical Care in Diabetes - 2014</b> Robert E. Ratner, MD, FACP, FACE
<b>4:30 PM – 5:00 PM</b>	<b>Panel Discussion/Questions &amp; Answers</b> Facilitators: Michael Bornemann, MD and John Melish, MD
<b>5:00 PM</b>	<b>Adjournment</b>

\*Presentation titles are subject to change



# American Diabetes Association®

## REGISTRATION FORM

<p>Online registration is available at <a href="http://professional.diabetes.org/hawaii">professional.diabetes.org/hawaii</a>          Please print your name and credentials as they should appear on your name badge and certificate.          Please fax completed registration form to (808) 546-7502 before Friday, September 26, 2014, or by mail to ADA Hawaii,          900 Fort Street Mall, Suite 940, Honolulu, Hawaii 96813 and provide complete payment information or check.</p>			
First:			
Last:			
Credentials:			
<b>CE Type:</b> <input type="checkbox"/> Physician <input type="checkbox"/> Pharmacist <input type="checkbox"/> Nurse <input type="checkbox"/> Dietitian <input type="checkbox"/> Other _____			
Pharmacist Only (NABP required) ePID: _____ Birth Date (MM/DD):__ __ /__ __			
Employment Affiliation:			
Address:			
City:		State:	Zip:
<b>For above address, please indicate:</b>			
<input type="checkbox"/> Home		<input type="checkbox"/> Business	
Phone: (    )		Fax: (    )	
Email:			
<b>Registration Fee: \$35.00</b> (Fee waived for Medical Students/Residents – please call the ADA at (808) 947-5979 to register)			
<input type="checkbox"/> <b>Make a Tax Deductible Donation: \$</b>		<b>Tax-ID 13-1623888</b>	
<b>Card Type:</b> <input type="checkbox"/> Visa <input type="checkbox"/> Master Card <input type="checkbox"/> Amex <input type="checkbox"/> Other			
Card#:		Name on Card:	
Billing Address:		Exp:	CVV/CVC:      Amount: \$

### Disabilities Act



Check here if you require special assistance to fully participate in the conference (please attach a written description of requirements).

### Cancellation Policy

Should you need to cancel, please notify the American Diabetes Association twelve business days prior to the event. If you submitted your payment online, please access your registration using the link and confirmation number in your registration confirmation email to process your cancellation by midnight on **Thursday, September 18, 2014** to be eligible for a full refund. Payments made by check or purchase order must be submitted in writing (either by e-mail or fax) to the email address or fax info provided below. Cancellations on or after **Friday, September 19, 2014** are not eligible for refunds.

For more information, please contact Lawrence "LJ" Duenas, Association Director, American Diabetes Association at 808-947-5979 or email [lduenas@diabetes.org](mailto:lduenas@diabetes.org). You can also visit us on the web at <http://professional.diabetes.org/hawaii>.

