



November 18, 2016

“Above and Beyond - Refining Your Skills in Diabetes Education”

Ala Moana Hotel

Speaker: Beverly Thomassian, RN, MPH, CDE, BC-ADM

Brought To You By The Hawaii Association of Diabetes Educators

Space is Limited

Registration Fee: \$ 150 for Hawaii ADE Members; \$175 for non-members

Register online at: <http://www.myaadenetwork.org/p/cm/ld/fid=3969>

Seminar Overview:

Are you ready to explore new concepts in diabetes care and management? Then consider attending this all day program that synthesizes exciting findings and new elements that you can incorporate into your daily practice. Through dynamic presentations and case studies, we will provide you with creative strategies to take your practice to the next level in today's fast paced health care environment. In addition, small group activities allow participants to network and share problem solving strategies. The goal of this program is to provide cutting-edge information that has real life application. We want each participant to leave the seminar feeling more empowered and confident advocating for excellence in diabetes care.

Who Should Attend?

This course is designed for all health care professionals including providers, nurses, dietitians, pharmacists and educators who want to:

- Get re-energized about diabetes care and education
- Enjoy a comprehensive and reality based “above and beyond” update
- Keep abreast of the rapidly changing strategies in diabetes management
- Refine their skills and develop new diabetes problem solving strategies.
- Learn practical approaches to medication and insulin management.

“Above and Beyond” - Course Outline

7:00 – 8:00 am – Registration, Exhibits & Continental Breakfast

8:00 – 9:45 am- Overview and the Gut Microbiome

- ◆ Current State of PreDiabetes and Diabetes
- ◆ How Our Microbiome Influences Health
- ◆ Strategies To Stave off PreDiabetes and Diabetes

9:45-10:15 am-Exhibits

10:15 – 12:00 pm- Insulin & Pattern Management Gone Crazy

- ◆ Patient-Centered Approach to Insulin Therapy
- ◆ Pattern Management and Case Studies
- ◆ New and Emerging Insulins

12:00-1:00 pm- Lunch/Exhibits

1:00 – 2:15 pm- Medication Updates

- ◆ New Medications To Treat Diabetes
- ◆ AACE Medication Algorithm

2:15-2:30 pm- Break

2:30 – 4:00 pm- Critical Assessment

- ◆ How To Identify Previously Undiscovered Diabetes Complications During patient Assessments
- ◆ Links Between Hyperglycemia and other Conditions; Cancer, Transplant, Cystic Fibrosis, Liver Disease.

4:00 -4:10 pm Q&A/ Adjournment

4:10 – 5:00 pm Optional Preparing for CDE Exam

- ◆ Learn qualifications and strategies for success.



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"Above and Beyond - Refining Your Skills in Diabetes Education"

Learning outcomes:

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Learning objectives:

Discuss How Our Microbiome Influences Health
Review Strategies To Stave off Prediabetes and Diabetes
Discuss patient centered approach to insulin therapy
Review New and Emerging Insulins and medications to treat diabetes
Identify Previously Undiscovered Diabetes
Identify complications during patient assessments and links Between Hyperglycemia and other Conditions; Cancer, Transplant, Cystic Fibrosis, Liver Disease.



Course Faculty: Beverly Thomassian, RN, MPH, CDE, BC-ADM

Beverly is a nurse entrepreneur, educator and clinician with a passion to improve diabetes care. She has a special knack of translating complex diabetes information into understandable terms that can be immediately applied in the clinical setting. She is an Associate Clinical Professor at the University of California, San Francisco, (UCSF) and CEO of Diabetes Education Services.

Registration Fee: \$150 for Hawaii ADE Members; \$175 for non-members – includes lunch, syllabus and certificate. (**Registration link:** <http://www.myaadenetwork.org/p/cm/ld/fid=3969>)

Registrants are encouraged to listen to free "[Preparing for CDE Exam](#)" Webinar before hand
There is a super discounted rate to online "[CDE Boot Camp](#)" Online series, which is an 8 session webinar series to help prepare for the exam. The usual price is \$269, is discounted to \$199 with a provided special coupon code.

Course Location: Ala Moana Hotel, November 18, 2016, 410 Atkinson Drive, Honolulu, HI 96814

Requirements for Successful Completion:

For successful completion, participants are required to be in attendance in the full activity, complete and submit the program evaluation at the conclusion of the educational event.

Activity type: Knowledge-based

DISCLOSURES FOR NO CONFLICT OF INTEREST - PLANNERS OR PRESENTERS:

Planners and presenter disclose no conflict of interest relative to this educational activity



Brought To You By The Hawaii Association of Diabetes Educators. For More Information Contact:

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ACCREDITATION STATEMENT

Nurses Provider approved by the California Board of Registered Nursing, Provider #12640 for 7.5 contact hours. Approved for 6.5 CPE II for Registered Dietitians by the Commission on Dietetic Registration.



The American Association of Diabetes Educators is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program provides 6.5 contact hours (0.65 CEU's) of continuing education credit. ACPE Universal Activity Number: 0069-0000-16-309-L01-P Effective Date: November 18, 2016 to November 18, 2017

Accreditation does not constitute endorsement by CDR of a provider, program, or materials.