

Live Music &  
Refreshments

Member  
price \$20  
Student  
price \$10



# Candlelight Yoga

## HAND- CPI Fundraiser/Networking Event

**About the teacher:** Our yoga class will be taught by Maisa Thayer. Maisa's hobby was surfing until she found yoga in 2002. She created the first yoga club at her college, California Maritime Academy and continued to practice and teach as she sailed around the world. She quickly realized that yoga brought everyone together, it brought peace, and most importantly it brought them back to themselves. In 2010, she completed her training focusing on Hatha yoga in Ubud, Bali with Radiantly Alive Vibrantly Living. Her classes are influenced by her strong connection to Hawaii and her experiences around the world. She loves to share her passion for yoga and find inspirations in everyday life.

**Sunday, December 11<sup>th</sup>**

**4-6pm**

Still and Moving Center

1024 Queen Street, Honolulu, HI 96814

**Brought to you by:**

