

ABOUT OUR INSTRUCTORS



Richard Delos Reyes, our Head Muay Thai Coach, has over 20 years experience as a Muay Thai professional fighter and Coach. He first was introduced to American Kickboxing at 6 years old and began training Thai Kickboxing (Muay Thai) when he was 12. With Muay Thai on the verge of being added to the Olympics in 2024, and already in the World Games in 2021, Coach Rich has been working extensively with the United States Muay Thai Federation to build the Muay Thai Community in Hawaii to develop athletes from Hawaii to try out for Team USA. His wife, Bernice Aurellano Delos Reyes, graduated from the UH Manoa Food Science and Human Nutrition Dietetics program in 2016. Coach Bernice has been a personal trainer since 2011 and teaches Buti Yoga, TRX Yoga, TRX classes, and HIIT classes only at The Mango Tree amongst being the Head Nutrition Coach for the Mango Tree Members. Both own, operate and Coach at The Mango Tree Fitness and Muay Thai in Kaimuki and Kapolei.

